

# Mission Packing List (Male):

This list will help you know what to put in each bag. Adjust for your mission needs and instruction.

## On Self

- |                                |                                |                                       |  |
|--------------------------------|--------------------------------|---------------------------------------|--|
| <input type="checkbox"/> Suit  | <input type="checkbox"/> Belt  | <input type="checkbox"/> Handkerchief | <input type="checkbox"/> Wallet (Medical card, temple recommend, cash)           |
| <input type="checkbox"/> Shirt | <input type="checkbox"/> Socks | <input type="checkbox"/> Chap stick   | <input type="checkbox"/> MTC Immunizations form                                  |
| <input type="checkbox"/> Tie   | <input type="checkbox"/> Shoes | <input type="checkbox"/> Watch        | <input type="checkbox"/> Passport holder with: passport, boarding pass, DL, cash |

## Missionary Bag

- |  |   |                                       |   |
|--|---|---------------------------------------|---|
| <input type="checkbox"/> Pens  | <input type="checkbox"/> Ruler, small         | <input type="checkbox"/> Mints        | <b>Scripture case with:</b> <input type="checkbox"/> Mission call letter (copy) |
| <input type="checkbox"/> Pencils                                       | <input type="checkbox"/> Permanent marker     | <input type="checkbox"/> Address book | <input type="checkbox"/> Passport copy  |
| <input type="checkbox"/> Notepads                                      | <input type="checkbox"/> Hi-lighter pen       | <input type="checkbox"/> Stamps       | <input type="checkbox"/> Patriarchal blessing (reduced & laminated)             |
| <input type="checkbox"/> Hand sanitizer                                | <input type="checkbox"/> Consecrated oil vial |                                       | <input type="checkbox"/> Priesthood line of authority (reduced & laminated)     |
| <input type="checkbox"/> Baggie with: suitcase keys & plastic zip-ties |   |                                       | <input type="checkbox"/> Scripture marking pencils                              |

## Carry-on Bag (21")

- |  |   |  |   |
|--|---|--|---|
| <input type="checkbox"/> Camera bag with: camera & 1 roll film | <b>Toiletry Duffel with:</b>                    | <b>Shoe Ziploc with:</b>                     | <b>Medicine Ziploc with:</b>                        |
| <input type="checkbox"/> Film, 13 rolls (gallon Ziploc bag)    | <input type="checkbox"/> Hair gel or spray      | <input type="checkbox"/> Shoe shine kit      | <input type="checkbox"/> Tylenol extra st. (1 btl.) |
| <input type="checkbox"/> Journal (2)                           | <input type="checkbox"/> Shaving gel            | <input type="checkbox"/> Waterproof cream    | <input type="checkbox"/> Ibuprofen (1 btl.)         |
| <input type="checkbox"/> Small photo album                     | <input type="checkbox"/> Shaver                 | <input type="checkbox"/> 8 Disposable gloves | <input type="checkbox"/> DayQuil cold medicine      |
| <input type="checkbox"/> CD player w/speakers (no headset)     | <input type="checkbox"/> Cologne                | <input type="checkbox"/> Lint brush          | <input type="checkbox"/> Cough drops                |
| <input type="checkbox"/> Spiritual CD's in CD holder           | <input type="checkbox"/> Deodorant              | <input type="checkbox"/> Extra sport laces   | <input type="checkbox"/> Benadryl Allergy           |
| <input type="checkbox"/> Alarm clock                           | <input type="checkbox"/> Shampoo/Cond.          | <input type="checkbox"/> Extra shoe laces    | <input type="checkbox"/> Pepto Bismol tabs (2 pks.) |
| <input type="checkbox"/> 200 small envelopes                   | <input type="checkbox"/> Face soap              | <b>Extra's Ziploc with:</b>                  | <input type="checkbox"/> Imodium AD (1 btl.)        |
| <input type="checkbox"/> Mailing address labels                | <input type="checkbox"/> Bath soap in container | <input type="checkbox"/> Deodorant           | <input type="checkbox"/> Icy hot patches            |
| <input type="checkbox"/> Lined letter paper pads (2)           | <input type="checkbox"/> Toothbrush             | <input type="checkbox"/> Bath soap           | <b>First Aid Ziploc with:</b>                       |
| <input type="checkbox"/> Inflatable travel pillow              | <input type="checkbox"/> Toothpaste             | <input type="checkbox"/> Chap stick          | <input type="checkbox"/> Cotton balls               |
| <input type="checkbox"/> Book light                            | <input type="checkbox"/> Hand lotion            | <input type="checkbox"/> Toothbrushes        | <input type="checkbox"/> Rubbing alcohol pads       |
| <input type="checkbox"/> Sewing Kit (blunt scissors)           | <input type="checkbox"/> Q-tips (Baggie of 100) | <input type="checkbox"/> Dental floss        | <input type="checkbox"/> Band-aids (various)        |
|  | <input type="checkbox"/> Anti-fungal cream      | <input type="checkbox"/> Shavers             | <input type="checkbox"/> Moleskin                   |
|  | <input type="checkbox"/> Heel balm              | <input type="checkbox"/> Q-tips              | <input type="checkbox"/> Water-proof tape           |
|  | <input type="checkbox"/> Tie pins               | <input type="checkbox"/> Kleenex, travel     | <input type="checkbox"/> Gauze roll                 |
|  | <input type="checkbox"/> Dramamine              | <input type="checkbox"/> Mints               | <input type="checkbox"/> Neosporin                  |
|  | <input type="checkbox"/> Pepto Bismol (1 pk.)   |  | <input type="checkbox"/> Anti-itch cream            |
|  | <input type="checkbox"/> Imodium AD (1 btl.)    |  | <input type="checkbox"/> Consecrated oil            |
|  | <input type="checkbox"/> Antacids (roll)        |  | <input type="checkbox"/> Thermometer                |
|  | <input type="checkbox"/> Eye drops              |  |   |

**\*Do not carry sharp items in carry-on**

# Mission Packing List (Male):

## Medium Suitcase (25")

- White pants
- White tie
- White socks
- Temple packet
- Denim pants
- Sweatpants
- Sweatshirt
- Pajama pants
- Long-sleeved T-shirt or flannel

- Ties
- T-shirts
- Sport shoes
- Sandals
- Slippers
- Clothes hangers
- Plastic tie hanger
- Laundry bag

## Ziploc Bag, gallon

- Leatherman (NOT in carry-on)
- Manicure set (NOT in carry-on)
- AA batteries
- Umbrella
- Laundry stain stick
- Handkerchiefs
- Flashlight w/belt holder

## Large Suitcase (29")

- Long sleeved shirts
- Short sleeved shirts
- Sweaters
- Suit coats
- Suit pants
- Dress pants
- Socks, dress
- Socks, wool
- Socks, sport
- Shoe tree
- Dress Shoes
- Boots
- Belt

- Thermals
- Mittens
- Beanie
- Scarf
- Gloves
- Heavy coat
- Light coat
- Earbands

## Large airless bag with:

- Pillow

## Med. airless bag with:

- Bath towels
- Hand towels
- Wash cloths

## Med. airless bag with:

Garments

- Mission library
- Mission supplies (8-12 lbs)